

RACING PROGRAM 51. RHINE MARATHON

**OCTOBER 1, 2022
FROM LEVERKUSEN
TO DÜSSELDORF**



R **EIN**
MARAT **ON**
2022

Our Marathon Regatta is actively supported by RTHC Bayer Leverkusen

Racing Program

| Race | Category | Entry Fee |
|---|---------------------------|-----------|
| 1 Coxed Masters Women's Gig Quadruple Scull (MW4x+) | J, H, min. avg. age 75/70 | 95 € |
| 2 Coxed Masters Women's Gig Quadruple Scull (MW4x+) | G, min. avg. age 65 | 95 € |
| 3 Coxed Masters Women's Gig Quadruple Scull (MW4x+) | F, min. avg. age 60 | 95 € |
| 4 Coxed Masters Women's Gig Quadruple Scull (MW4x+) | E, min. avg. age 55 | 95 € |
| 5 Coxed Masters Women's Gig Quadruple Scull (MW4x+) | D, min. avg. age 50 | 95 € |
| 6 Coxed Masters Women's Gig Quadruple Scull (MW4x+) | C, min. avg. Age 43 | 95 € |
| 7 Coxed Women's Gig Quadruple Scull (W4x+) | Open | 95 € |
| 8 Coxed Junior B Women's Gig Quadruple Scull (JW4x+) | Years 2006/2007 | 30 € |
| 9 Coxed Junior B Men's Gig Quadruple Scull (JM4x+) | Years 2006/2007 | 30 € |
| 10 Coxed Junior B Mixed Gig Quadruple Scull (Mix4x+) | Years 2006/2007 | 30 € |
| 11 Coxed Junior A Women's Gig Quadruple Scull (JW4x+) | Years 2004/2005 | 30 € |
| 12 Coxed Junior A Men's Gig Quadruple Scull (JM4x+) | Years 2004/2005 | 30 € |
| 13 Coxed Junior B Mixed Gig Quadruple Scull (Mix4x+) | Years 2004/2005 | 30 € |
| 14 Coxed Masters Mixed Gig Quadruple Scull (Mix4x+) | D, min. avg. age 55 | 95 € |
| 15 Coxed Masters Mixed Gig Quadruple Scull (Mix4x+) | C, min. avg. age 50 | 95 € |
| 16 Coxed Masters Mixed Gig Quadruple Scull (Mix4x+) | C, min. avg. age 43 | 95 € |
| 17 Coxed Mixed Gig Quadruple Scull (Mix4x+) | Open | 95 € |
| 18 Coxed Mixed Gig Quadruple Scull (4x+) | Open | 95 € |
| <i>For Rowing beginners from years 2021 nd 2022</i> | | |
| 19 Coxed Gig Quadruple | Open | 95 € |
| 20 Coxed Seagig Four (Sea4+, min. hull width 1.10m) | Open | 95 € |
| 21 Coxless Masters Gig Triple (M/W3x) | Open | 60 € |
| 22 Coxless Gig Triple (M/W3x) | C, min. avg. age 43 | 60 € |
| 23 Coxed Masters Men's Gig Quadruple Scull (MM4x+) | J,H, min. avg. age 75/70 | 95 € |
| 24 Coxed Masters Men's Gig Quadruple Scull (MM4x+) | G, min. avg. age 65 | 95 € |
| 25 Coxed Masters Men's Gig Quadruple Scull (MM4x+) | F, min. avg. age 60 | 95 € |
| 26 Coxed Masters Men's Gig Quadruple Scull (MM4x+) | E, min. avg. age 55 | 95 € |
| 27 Coxed Masters Men's Gig Quadruple Scull (MM4x+) | D, min. avg. age 50 | 95 € |
| 28 Coxed Masters Men's Gig Quadruple Scull (MM4x+) | C, min. avg. age 43 | 95 € |
| 29 Coxed Gig Quadruple Scull (4x+) | Open | 95 € |

*MDA = min. average age of rowers (excl.cox)

Entry closing: Tuesday, Sept. 20, 2022, 6:00 p.m.

Entries only at: www.rheinmarathon.de

E-Mail-Adress: info@rheinmarathon.de

First start: 09:00 a.m.

First arrival: from 11:30 a.m.

Note: this English translation is only for the convenience of our foreign friends to help them understand rules, terms and conditions of our regatta. It is not an official version.

We organize the regatta as described in the German document "Ausschreibung", which is the only one valid.

ENTRY

Entries

Please use our web portal www.rheinmarathon.de for all entries

Entry closing

Tuesday, Sept. 20, 2022, 6:00 p.m.

Since we only have a limited time window for starts at Leverkusen, we recommend early entry. Once the time window is fully booked, we cannot accept any more entries.

Entry Fee

Please arrange timely remittance to this account:

Beneficiary: RC Germania Düsseldorf 1904 e.V.
Bank: Stadtparkasse Düsseldorf
BIC: DUSDEDDXXX
SWIFT: DE22 3005 0110 0010 1580 46
Purpose: Marathon + Club Name + Captain's Name

The non-refundable entry fee is due with the entry. Should fees not be credited to our account by 2022.09.20 latest, please pay cash at the cashier point in Leverkusen.

Start documents and start number

You get these documents on Marathon morning from 07:30 a.m. at the Regatta Office in Leverkusen.

WINNER PRIZES

Schlüssel-Alt-Schild (Challenge Prize)

will be awarded to the club with the fastest, accumulated time of its first three teams. Composite teams are not eligible.

Germania-Team-Trophy (Challenge Prize)

will be awarded to the club with the highest number of points won over all events (1st - 10th = 10 - 1 points). Composite teams are not eligible.

Junioren Cup (sponsored by the City of Düsseldorf)

for winner and second placed club having scored the highest number of points in racing classes JMA, JMB, JFA, JFB – races 21-24, (1st - 10th = 10 - 1 points). In case two clubs score equal points, better race results will decide. In case of equal race results, accumulated time will decide. Composite teams are not eligible.

Additional Challenge Prizes

- **Sea-Gig Trophy** for the fastest boat in race 27
- **Fastest Team** of the regatta
- **Fastest German Team** from outside Rhine area
- **Greg Kewley Trophy** for the fastest Foreign Team
- **Fastest Women's Team**
- **Fastest MIX-Gig-Quadruple:** Prize sponsored by "Schellenbacher Boats"
- **Fastest Clinker-Boat** – Prize sponsored by "Classic Boat Club"

Medals

- Gold-, Silver- and Bronze medals for the first three teams of every race.
- Participant's medals for all others

Souvenirs for anniversary rowers with 5, 10, 15, 20, 25, 30, 35 and 40 participations

These Prizes can only be handed out, if anniversaries are registered with the entry.

RULES

Rules

All races are organized on basis of free will, though along usual regatta guidelines

Distance

Course distance is 42,8 kilometer

- **Start is at marker 695.0 (Leverkusen, right bank)**
- **Finish is at marker 737.8 (Düsseldorf, right bank)**

Location of Finish

Finish is at marker 737.8. It is each team's responsibility to pass the finish line close enough to the river bank for time taking to clearly see the boat identification number. Failures to do so are for each team's account.

Start Times

- Start of the first race is at 9:00 a.m. in sequence of starting numbers
- Boats will be sent off in 1.5 minute intervals
- Starting positions within each race are decided by draw
- Belated teams may be disqualified
- Starts outside the time window for each race are generally not possible. Exception may only be made with the consent of all teams of the race in question

Time Limit

Maximum racing time of each boat is 3:30 minutes. Racing longer than 3:30 h will be outside evaluations.

Classes

Open class: open for all participants with min. age 14 years
Women: Female Juniors A, Female Seniors, Female Masters
Mixed: min. two female rowers in a team, plus cox (M/F)
Triple (3x-): M/F any combination

Beginners

Beginners are rowers who started rowing in 2021 and 2022 and have not participated in any other regatta of DRV (German Rowing Association) or foreign equivalent.

Masters

- Masters races are in accordance with rules of the German Rowing Association. Masters must be age 27 or above.
- Teams will be reclassified into the next younger class, should there be less than two teams in a race.

Minimum Age

Rowers must be at least age 14.

Change of Entries / Re-Entering

Additional 50% entry fees will be levied for all changes after Sept.30, 2022.

Coxswains

Rowers and coxswains may swap positions during races, as long as race rules and age classes are not distorted.

Coxes must be qualified and experienced to steer a boat on the Rhine.

ORGANIZER AND LIABILITY

Organizer:

Ruderclub Germania Düsseldorf 1904 e.V., 40221 Düsseldorf, Am Sandacker 43

- Kathrin Schmack, Chairwoman
- Stefan Ott, Deputy Chairman – General Athletics

Regatta Chairwoman

- Melanie Ott

Regatta Committee

- Hermann Höck
- Stefan Ott

Liability:

The organizers accept no liability whatsoever for any loss or damages of property or assets of participants, neither of personal injury of any kind. Likewise, organizers are not liable for any claims which participants may have against each other. This also applies to damages resulting from rescuing actions in case of accidents or emergencies.

The organizers are entitled to change execution, to cancel or abort the regatta in case of unforeseen events, Force Majeure or by instruction of Authorities. No compensation whatsoever can be claimed, entry fees are not refundable.

The organizers do not accept liabilities for health risks of participants in connection with the regatta. It is the participant's liability to verify his/her health condition.

Safety and Rescue

The enclosed safety concept is an integral part of the Racing Program which is binding for participants, team captains and helpers.

Contacts

Please use info@rheinmarathon.de for all inquiries or call

- Hermann Höck, Tel: +49 2161 996695, or
- Melanie Ott, Tel: +49 176 21617734

PREPARING FOR MARATHON

Boat hire

There are only a few boats for hire – primarily for foreign teams. Please inquire early at: info@rheinmarathon.de.

Shuttle Bus to Leverkusen

We offer a shuttle bus service from Düsseldorf to Leverkusen on the regatta day. We have planned for five departures starting at 7:30 a.m. Other departures will be announced after closing date. Busses depart from "Fringsstrasse", some five minutes walking from Germania's clubhouse. For details check our website www.rheinmarathon.de. Fare is € 7 per person, payable in the bus in small change. Seats can be booked together with your race entry on our portal, payment is then obligatory.

Air mattress accommodation (Advance booking strongly recommended):

| | | | |
|------------------------|------------------------------|-----------------------|-------------------|
| RC Germania Düsseldorf | Am Sandacker 43 | 40221 Düsseldorf-Hamm | Tel.: 0211-305839 |
| Düsseldorfer RV | Fährstraße 253b | 40221 Düsseldorf-Hamm | Tel.: 0211-304965 |
| RTHC Bayer Leverkusen | Am Stammheimer Schloßpark 20 | 51061 Köln-Stammheim | Tel.: 0221-663021 |

More information through info@rheinmarathon.de

REGATTA DAY

Start Numbers

Numbers can be obtained from 7:30 am at Leverkusen Regatta Office (cashier point).

Team Captain Information

Each team captain is obliged to join one of the team captain briefings which are held at 8:30, 10:30 and 12:00 h in front of RTHC's boat house. Please follow megaphone announcements.

Start and Time Limits

Please observe megaphone announcements and keep the official start sequences.

Victory Ceremony and Medals

Victory ceremony begins at 16:00 h at RC Germania. All three winner teams of each race are requested to show up jointly upon announcement. Participant medals are handed out at the Regatta Office in Düsseldorf upon full evaluation of all results.

Showers

Showers may be used at RC Germania as well as at neighboring Düsseldorfer RV.

Lavatories (WCs)

Lavatories are open at RC Germania and Düsseldorfer RV. Clean facilities can also be used on the car parking place.

Cleanliness

Please keep the car parking place clean and place your rubbish in containers, which are placed on the grounds.

MARATHON T-SHIRTS

This year again we offer Rheinmarathon T-shirts. Printing: Marathon-Logo "Rheinmarathon Düsseldorf 2022" on front, with all participants' names on the back. Late entry names may not be shown.

Sizes

Lady: S, M, L, XL

Men: S, M, L, XL, XXL

Price

Advance ordering: € 12 each

Ordering in Düsseldorf: € 15 each

Order

Please place binding order together with your race entry by Sept 20, 2022 at www@rheinmarathon.de

Delivery and payment

At RC Germania on Oct.1, 2022



AFTER-MARATHON-PARTY

Our party is a legend. You are invited to join at RC Germania, beginning 19:00 h. Come and celebrate with us.

After-Marathon-Party

SAFETY RULES

Fundamentals for Entries

- By submitting their entries participants explicitly agree to adherence of these safety rules and to follow the instructions of organizers as well as river police and life rescuers (DLRG)
- Team captains are responsible for their teams
- By submitting their entries clubs and teams confirm their participants' ability to swim and that their coxswains have adequate qualification and experience to steer boats by hand and/or by foot
- All instructions by Rhine river administration, authorities and police are to be followed by participants without fail

Pre-Start in Leverkusen

- Every team captain will receive a copy of the safety instructions together with their start numbers. Team captains should inform their crews of its contents and ensure adherence
- Every participant is responsible for his/her own safety
- It is recommended to carry bilge pumps on board and to adequately protect the boats' bow and stern against waves
- Carrying a water-resistant mobile telephone on board is also recommended
- Boats without adequate safety equipment may be excluded from the regatta

First Aid in Leverkusen

- A First Aid Box is available in Leverkusen in one of the boat houses
- DLRG (life rescue) have a First Aid post near the bridge at the start

Safety on the River

- The Regatta is supervised by Rhine River Police close to the Start and Finish
- Orders by river police and DLRG are to be followed immediately
- Every participant is obliged to render first aid to anybody in need hereof. Accidents during races are to be reported immediately to DLRG
- DLRG are safeguarding the regatta from start to finish until the last boat is ashore. Land posts, rescue power boats and ambulances are positioned close enough to have eye contact with each other, aside from electronic intercom.
- Wearing safety jackets is recommended. These will not be provided by organizers.
- Crossing the Rhine during races has to be done with utmost care and caution. Under no circumstances must commercial barges be forced to maneuvering. Minimum distance to be kept to upstream barges is 300 meters, to downstream barges is 500 meters.
- Adequate distance is to be kept from ferries, moored obstacles and river signals.
- In case a team aborts their race, this is to be reported immediately to one of the organizers

First Aid at Finish in Düsseldorf

- An ambulance is stationed near the arrival bridge in Düsseldorf
- A medical doctor is on service in the finish area
- A First Aid Box is available inside Germania's clubhouse
- Please keep driveways clear for ambulances and medical services

Telephone Numbers for Emergencies – Please report the position of those in need for help!

| | | |
|---------------------------|--------------------------------------|------------------|
| DLRG (Life rescue) | will be announced with Entry Results | |
| Ambulance: | 112 | |
| Regatta Chairman: | Melanie Ott | +49 176 21617734 |
| Regatta Team: | Hermann Höck | +49 170 658 9271 |

ROUTE TO START AT RTHC LEVERKUSEN

RTHC Bayer Leverkusen:

Please check the route at www.rthc.de

Address for GPS systems: Am Stammheimer Schlosspark 20, 51061 Köln.

Parking in Leverkusen

The area close to RTHC's clubhouse is to be used only for unloading boats. Trailer parking is available in neighborhood. Please follow instructions of local assistants.

ROUTE TO FINISH AT GERMANIA DÜSSELDORF

Route:

Take A3 Autobahn from Leverkusen (near big "Bayer" Logo) direction to Oberhausen to "Kreuz Hilden", then follow A46 to "Düsseldorf-Stadtmitte". Leave A46 at exit Düsseldorf-Bilk (after 2nd tunnel).

Trailers

Follow signs "Hafen", "Völklinger Strasse" "Fringsstrasse" drive on top of dyke under the railway bridge and park trailers on car park next to clubhouse. Route description can be found at <http://www.rcgermania.de/marathonrudern/anfahrt/>.

Cars:

Please check the route at www.rcgermania.de

Address for GPS systems: Am Sandacker 43, 40221 Düsseldorf